

**Name of the Committee**

High Performance Committee



**Policy Number**

#1-04

## **Out of Province Competition Policy**

### **1. Preamble**

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The purpose of the Out of Province Competition Policy is to clarify the responsibilities and expectations of participants as they compete outside of Nova Scotia. Understanding and abiding by this Out of Province Competition Policy is essential to fostering an environment that promotes excellence in sport.

### **2. General Responsibilities**

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- 2.1. Nova Scotia athletes should always remember that they are ambassadors for the sport of judo, their home club, Judo Nova Scotia, and Judo Canada.
- 2.2. Athletes should demonstrate good sportsmanship and show respect for others by winning with humility and losing with dignity; avoiding behaviour that could cause disruption or interference with other competitors during training or competition; striving to demonstrate a positive and supportive attitude towards themselves and others; working as a cooperative member of a team; being respectful of the equipment of others; and being responsible for the safe handling, care and maintenance of their own equipment.
- 2.3. It is the responsibility of the athlete to ensure they are physically capable of participating in a scheduled Judo event.
- 2.4. It is the responsibility of the athlete to ensure that they have valid Health Insurance, and when traveling outside of Nova Scotia, they have adequate supplementary emergency medical insurance coverage.
- 2.5. Each Judo Nova Scotia Athlete shall:
  - Respect and adhere to the instructions of Judo Nova Scotia coaches and team managers
  - Avoid any behaviour that could reasonably be expected to significantly disrupt or interfere with a competition, training camp, or preparation of any athlete for an event;
  - Adhere to the Laws of the host jurisdiction;



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- Adhere to the curfew and quiet times set by the coaching staff or chaperone if the athlete is staying/traveling with the team. There shall be no visiting in rooms during quiet times or after curfew;
- Ensure that room visits involving athletes not rooming together will take place with doors opened and allowing a clear view of the room and occupants;
- Ensure that, if staying/traveling with other athletes, that the coach, or designate, is aware of and in concurrence with their whereabouts and activities at all times when away from the team accommodations or event site;
- Treat with respect, and avoid damage to, all property, facilities and equipment used for the purpose of training or competition, including but not limited to: rental accommodations, vehicles, host club facilities, equipment, and clothing of others. The athlete shall be held personally accountable for any such damage and will reimburse Judo Nova Scotia directly for any such damage as determined by the coaching staff or the Judo Nova Scotia approved chaperone;
- Refrain from the consumption of alcohol and/or cannabis during any event. Possession or consumption of alcohol by athletes who have not reached the age of majority in Nova Scotia is strictly forbidden during team trips, regardless of the drinking age in the host jurisdiction;
- Refrain from the use or possession of illegal drugs as defined by the Criminal Code of Canada;
- Avoid the use and possession of banned substances that contravene the rules of Judo Canada, the International Olympic Committee (IOC), and the Canadian Policy on Doping in Sport. Athletes, in consultation with their coaches, have a responsibility to be aware of, and avoid the use of performance enhancing substances or practices. For more information on anti-doping and banned substances, reference the Canadian Centre for Ethics in Sport (CCES; <https://www.cces.ca/anti-doping>).
- Submit, without prior warning, to unannounced doping-control tests in addition to other prior-notice tests and submit at other times to doping-control testing when requested by Judo Canada, Sport Canada, CCES, or other authorities designated to do so. Failure to submit to such testing may be grounds for immediate revocation of Judo Nova Scotia membership and dues will not be reimbursed;
- Read, understand and abide by the Judo Nova Scotia Code of Conduct and the Universal Code of Conduct to Prevent and Address Maltreatment in Sport (<https://sportintegritycommissioner.ca/uccms>).

### **3. Resolution of Disputes and Disciplinary Procedures**

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- 3.1. Judo Nova Scotia and the Athlete agree that alleged breaches and disputes relating to this Agreement shall be dealt with in a timely manner. Information relating to alleged breaches or disputes relating to this Agreement shall be kept confidential, and such information shall only



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be disclosed to outside parties with the express permission of Judo Nova Scotia and the Athlete, unless such disclosure is required by law.

- 3.2. All members of Judo Nova Scotia should undertake to resolve any differences or disagreements with another member, in good faith and in a non-confrontational and timely manner.
- 3.3. Minor breaches of discipline shall be dealt with by the coaching staff and/or the President and/or Vice- President, by discussing the problem with the athlete(s) involved. Resolution of the problem could involve the imposition of disciplinary measures by the coaching staff, which may include withdrawal of training or competition privileges.
- 3.4. The Athlete agrees that if expelled from an activity for breach of this Agreement, the Athlete will be personally liable for any travel, accommodation or other costs associated with the event, including their share of the Coaching costs, incurred by Judo Nova Scotia on their behalf. Agreement on reimbursement of these costs will occur prior to the expelled Athlete leaving the activity site. In these extreme circumstances, these actions will only be considered after at least a telephone review with the Judo Nova Scotia Vice-President, and/or the Judo Nova Scotia President, and the parents of any minor-age athlete.
- 3.5. If an informal approach fails to resolve the problem, or if there are persistent breaches of this Agreement, a formal complaint should be made according to the *Complaint & Dispute Policy*.

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**Appendix A: Athlete Agreement**

This agreement must be signed by any athlete who represents Judo Nova Scotia at an out-of-province event.

Athlete Name (please print): \_\_\_\_\_

I hereby declare that I have read and fully understand the Judo Nova Scotia Out of Province Competition Policy, and agree to abide by the terms herein. I agree to ensure that I carry adequate health /medical insurance coverage, and that I will be responsible for any costs for medical treatment not covered by my insurance. I have read, understood, and agree to abide by the Judo Nova Scotia Code of Conduct and the Universal Code of Conduct to Prevent and Address Maltreatment in Sport. I agree to abide by the rules, bylaws, regulations, and/or laws of Judo Nova Scotia, Judo Canada, the province of Nova Scotia, Canada, any host jurisdictions, and host venues.

\_\_\_\_\_ Date: \_\_\_\_\_

(Athlete Signature)

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(Signature of parent/legal guardian for Athlete under age 18)